



Ysgol Fabanod Cwmaber Infants School



Cwmaber Junior School Ysgol Plant Iau Cwmaber



Assessment-Boxall Profiling

We complete individual Boxall assessments with pupils from Reception to Year 6. This identifies children with developmental and Diagnostic concerns. Those identified as amber or red will be reassessed each term. Any children that display behaviours that cause concern, will be reassessed as appropriate. Suggested activities and interventions are then carried out with these children.

Developing physical health and well-being has lifelong benefits

We follow the Twinkl Move scheme of work from Nursery to Year 6. This includes, gymnastics, dance and games.



The Four Purposes
At the heart of our Health and Wellbeing planning lie the Four Purposes. Everything that we do is to enable These Four Purposes to be met:

- ambitious, capable learners, ready to learn throughout their lives
- enterprising, creative contributors, ready to play a full part in life and work
- ethical, informed citizens of Wales and the world
- healthy, confident individuals, ready to lead fulfilling lives as valued members of society



We are a National Nurturing School. We have embedded the six principles of nurture. We have nurture cwtches in all classrooms and we have a nurture room and sensory room to further support pupils with their mental wellbeing. All classes have a self-regulation check in to find out how children are feeling as soon as they come into school



How we process and respond to our experiences affects our mental health and emotional well-being

How we engage with social influences shapes who we are and affects our health and well-being

We have termly after school clubs to support Pupils wellbeing.

Pupil Voice groups

We believe that children at Cwmaber should have a voice that helps to drive the school forward. And where wellbeing is at the heart. The following groups run from Reception to Year 6.

- Nurture Ninjas
- Ambassadors/School Council
- Criw Cymraeg
- Creative Catchers
- Eco Warriors

Healthy relationships are fundamental to our well-being

Our Vision -Cwmaber Cares and Nurtures

- C**reates confident, committed collaborators
- W**arm, welcoming, well-being warriors
- M**otivated Mindful Movers
- A**mbitious active achievers
- B**e brave, be bold, be you
- E**nthusiastic, Energised, empathetic enterpriser
- R**esilient, respectful, responsible role-models.



Health & Wellbeing

We have agreed on some School Priorities for every class to focus on, when planning for Health and Wellbeing.

- All classes to have a self-regulation board in class for pupils to complete when they come into class.
- All classes to have a nurture nook/cwtch.
- All staff to use the Boxall Profile to monitor pupils' wellbeing.
- All staff to use Jigsaw to teach the 6 strands Being Me in my World, Celebrating Differences, Dreams and Goals, Healthy Me, Relationships and Changing Me.
- All staff to use Twinkl Move to teach Physical Education.
- All pupils and staff to incorporate our school values into our teaching and learning.

From Year 2 onwards, pupils take part in the PASS survey. This helps us identify children in need of wellbeing support through interventions including ELSA and GELS

Our decision-making impacts on the quality of our lives and the lives of others.



We cover six units in our Jigsaw lessons which are Being Me in my World, Celebrating Differences, Healthy Me, Dreams and Goals, Relationships and Changing Me

	Autumn		Spring		Summer	
RSE Jigsaw units	Being me in my World Celebrating Differences		Dreams and Goals Healthy Me		Relationships Changing Me	
Physical Development	Gymnastics		Dance		Games	
Values	Respect	Individuality	Trust	Kindness	Empathy	Honesty

We have termly values that are embedded in our assemblies and through our Jigsaw lessons. These are identified on short-term planning and integrated into other AOLEs

